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## **Fraxel Pre-Treatment**

### **About Fraxel Dual**

Fraxel Dual is a non-ablative skin resurfacing laser that improves skin tone, texture, and radiance for aging, sun-damaged, or scarred skin.

Fraxel is effective on:

- Fine lines + wrinkles
- Surface scarring
- Pigmentation
- Sun damage
- Actinic Keratosis (AK)

### **Before Treatment: Instructions**

- **Avoid excessive sun exposure** 2 weeks before treatment. Apply a broad-spectrum (UVA and UVB) physical (contains zinc or titanium) SPF 30+ sunscreen daily to treatment areas.
- **Let us know** if you have a history of cold sores, prior use of Accutane, or are prone to breakouts.
- **Do not** have any laser or other light-based treatments until your Fraxel series is complete unless approved by our office.

### **Day of Appointment**

- **Arrive without** heavy creams or makeup on treatment area if possible. Sunscreen is okay.
- **Allow at least 1.5 hours** for your appointment. You will be numbing for 1 hour so feel free to bring any entertainment or work. We have tv's in each exam room so you are free to watch Netflix as well.