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Botox and Dysport Info

What Are Botox and Dysport?

Botox and Dysport are a modified protein that is injected into small facial muscles to temporarily relax these muscles. This results in diminishing the facial wrinkles in the area of the injection.

How Does It Work?

The injections are for cosmetic improvement and are FDA approved. The protein is diluted and modified for the use of blocking contractions in facial muscles. This causes localized muscles to relax which results in a decrease of skin wrinkles in the area which is treated. It can be used for forehead, crows feet lines and in some cases lines around the mouth. It is especially good for the lines between the eyebrows. They have been used for approximately 20 years in the treatment of some neurological conditions such as facial spasms.

How Long Does It Take to Work?

They can take 1 to 14 days before results are seen. The results are temporary until the product wears off.

How Long Does It Last?

The results of Botox and Dysport are variable in different people. It can last anywhere from three to six months. Some people get better results than others. Those with very deep frown lines or thick forehead muscle may not lose the wrinkle completely although it will be less deep and give a softer appearance. There are a small group of patients who do not respond to Botox or Dysport at all.

What Are the Possible Side Effects?

Occasionally, bruising, mild swelling and headache can be experienced. On rare occasions some patients may get slight depression or drooping of their upper eyelids and eyebrows.

Are There Any Restrictions Prior to Treatment?

These procedures may cause bruising and/or swelling. If possible, please stop all aspirin and/or aspirin products, ibuprofen, fish oil, or Vitamin E products 10-14 days prior to injection with permission. If any of these are prescribed by a doctor please consult with your prescribing physician before stopping any supplement or medication. Avoid alcohol 24 hours pre or post- procedure if possible. You cannot be pregnant or breastfeeding. You cannot do Botox or Dysport if have egg allergies or any neuromuscular junction problems.

Are There Any Activity Restrictions After Treatment?

Patients are instructed not to bend over, lie down or exercise for 4 hours after they are injected. Also, do not touch or massage the site for at least 4 hours after treatment. No exercising until the following day after treatment. Normal activities can be resumed completely the day after treatment.

Does it Hurt?

BOTOX[®] Cosmetic, DYSPORT[®] and Xeomin[®] are injected with a very small needle. It causes as much discomfort as a small injection.

Examples of Sites:

- 1. Between the brows and mid forehead
- 2. Crows feet (around eyes)
- 3. Entire forehead

What is the Cost?

Varies with area being treated and individual patient needs. Quotes are provided at patient request and stored in your chart.

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